

| Platz | m/w | StNr | Name       | Vorname     | BSG          | Jg | Gesamtstrecke | Gesamtzeit | Schnitt | Gesamtstarts |
|-------|-----|------|------------|-------------|--------------|----|---------------|------------|---------|--------------|
| 1     | m   | 300  | Lambracht, | Gerald      | Stern        | 70 | 116880        | 8:20:13    | 0:04:17 | 18           |
| 2     | m   | 453  | Schubert,  | Ralph       | HapagLloyd   | 73 | 116880        | 10:28:23   | 0:05:23 | 18           |
| 3     | w   | 353  | Büsen,     | Melanie     | Beiersdorf   | 81 | 116880        | 11:51:21   | 0:06:05 | 18           |
| 4     | m   | 21   | Krastev,   | Ulli        | BACARDI      | 69 | 97710         | 7:08:47    | 0:04:23 | 15           |
| 5     | w   | 315  | Goebel,    | Petra       | Siemens      | 69 | 86280         | 7:45:30    | 0:05:24 | 14           |
| 6     | m   | 297  | Braeuer,   | Karsten     | Stern        | 72 | 76410         | 7:07:29    | 0:05:36 | 12           |
| 7     | m   | 805  | Dörheit,   | Christian   | NDR          | 79 | 61980         | 4:19:57    | 0:04:12 | 9            |
| 8     | m   | 573  | Weitmann,  | Daniel      | Signal Iduna | 72 | 57520         | 5:03:02    | 0:05:16 | 6            |
| 9     | m   | 562  | Hoppe,     | Holger      | Rot Gelb     | 71 | 57520         | 5:04:28    | 0:05:18 | 6            |
| 10    | m   | 626  | Kramer,    | Philipp     | ELBE-Sport   | 67 | 57230         | 5:28:28    | 0:05:44 | 8            |
| 11    | w   | 478  | Kersten,   | Ines        | Laufwerk     | 62 | 56080         | 6:04:32    | 0:06:30 | 9            |
| 12    | m   | 284  | Stäcker,   | Frank       | PHILIPS      | 64 | 54900         | 5:15:47    | 0:05:45 | 9            |
| 13    | m   | 644  | Meyer,     | Mario       | HW           | 63 | 46820         | 4:06:26    | 0:05:16 | 7            |
| 14    | m   | 623  | Herrmann,  | Michael     | Deut.Bank    | 61 | 39120         | 3:56:02    | 0:06:02 | 4            |
| 15    | m   | 580  | Benz,      | Markus      | TK           | 69 | 38960         | 3:29:31    | 0:05:23 | 6            |
| 16    | m   | 520  | Warneck,   | Marco       | NDR          | 78 | 38620         | 2:40:41    | 0:04:10 | 4            |
| 17    | m   | 418  | Wenrich,   | Alexander   | Generali     | 66 | 37520         | 2:53:23    | 0:04:37 | 4            |
| 18    | m   | 371  | Ehrenberg, | Frank       | Deut.Bank    | 59 | 34190         | 3:29:12    | 0:06:07 | 4            |
| 19    | m   | 53   | Meier,     | Ralf        | ELBE-Sport   | 69 | 33430         | 2:29:42    | 0:04:29 | 5            |
| 20    | m   | 368  | Steinfeld, | Marco       | Dataport     | 75 | 31860         | 2:37:24    | 0:04:56 | 5            |
| 21    | m   | 513  | Konrad,    | Thomas      | NDR          | 67 | 31860         | 2:46:05    | 0:05:13 | 5            |
| 22    | w   | 822  | Baumann,   | Vera        | HW           | 87 | 30820         | 2:57:58    | 0:05:46 | 3            |
| 23    | m   | 502  | Willsch,   | Pascal      | Lufthansa    | 78 | 29600         | 2:23:56    | 0:04:52 | 3            |
| 24    | m   | 691  | Aster,     | Malte       | Runn Green   | 98 | 28420         | 1:54:37    | 0:04:02 | 3            |
| 25    | w   | 621  | Heller,    | Ariane      | CW-IT.de     | 91 | 28420         | 2:18:09    | 0:04:52 | 3            |
| 26    | m   | 499  | Liese,     | Hans-Ulrich | Lufthansa    | 56 | 25470         | 2:43:06    | 0:06:24 | 4            |
| 27    | w   | 732  | Meier,     | Tanja       | ELBE-Sport   | 70 | 23830         | 2:38:06    | 0:06:38 | 4            |

| Platz | m/w | StNr | Name         | Vorname      | BSG          | Jg | Gesamtstrecke | Gesamtzeit | Schnitt | Gesamtstarts |
|-------|-----|------|--------------|--------------|--------------|----|---------------|------------|---------|--------------|
| 28    | m   | 705  | Polster,     | Malte        | TÜV-Nord     | 76 | 22390         | 1:51:12    | 0:04:58 | 3            |
| 29    | m   | 622  | Heller,      | Hauke        | CW-IT.de     | 89 | 18900         | 1:10:52    | 0:03:45 | 2            |
| 30    | m   | 278  | Matzke,      | Herwig       | PHILIPS      | 72 | 18770         | 1:20:38    | 0:04:18 | 3            |
| 31    | w   | 740  | Sievers,     | Susanne      | ERGOsports   | 67 | 14300         | 1:22:09    | 0:05:45 | 4            |
| 32    | w   | 535  | Matzke,      | Svenja       | PHILIPS      | 78 | 11600         | 1:00:58    | 0:05:15 | 2            |
| 33    | m   | 746  | Kollenkarn,  | Thies-Uwe    | HW           | 55 | 10500         | 0:58:04    | 0:05:32 | 2            |
| 34    | m   | 750  | Handwerger,  | Jürgen       | Laufladen    | 86 | 9600          | 0:40:45    | 0:04:15 | 1            |
| 35    | w   | 763  | Giesen,      | Britta       | Laufwerk     | 71 | 9600          | 0:43:32    | 0:04:32 | 1            |
| 36    | m   | 835  | Hillebrecht, | Frank        | Signal Iduna | 70 | 9520          | 0:49:58    | 0:05:15 | 1            |
| 37    | m   | 301  | Lohmann,     | Rolf-Michael | Stern        | 60 | 7800          | 0:44:43    | 0:05:44 | 1            |
| 38    | m   | 253  | Sprenger,    | Mathias      | K&M Sport    | 78 | 7170          | 0:31:56    | 0:04:27 | 1            |
| 39    | m   | 855  | Langfeld,    | Peter        | Siemens      | 72 | 7100          | 0:28:51    | 0:04:04 | 1            |
| 40    | w   | 841  | Rattunde,    | Julia        | Knossos.de   | 82 | 6390          | 0:40:01    | 0:06:16 | 1            |
| 41    | m   | 733  | Sluzalek,    | Ralf         | ELBE-Sport   | 63 | 3800          | 0:23:32    | 0:06:12 | 1            |
| 42    | m   | 516  | Schröder,    | Birger       | NDR          | 63 | 2900          | 0:15:14    | 0:05:15 | 1            |

| Platz | m/w | StNr | Name       | Vorname      | BSG          | Jg | Gesamtstrecke | Gesamtzeit | Schnitt | Gesamtstarts |
|-------|-----|------|------------|--------------|--------------|----|---------------|------------|---------|--------------|
| 1     | m   | 300  | Lambracht, | Gerald       | Stern        | 70 | 16000         | 1:06:44    | 0:04:10 | 3            |
| 2     | m   | 21   | Krastev,   | Ulli         | BACARDI      | 69 | 16000         | 1:09:59    | 0:04:22 | 3            |
| 3     | m   | 453  | Schubert,  | Ralph        | HapagLloyd   | 73 | 16000         | 1:21:27    | 0:05:05 | 3            |
| 4     | w   | 315  | Goebel,    | Petra        | Siemens      | 69 | 16000         | 1:23:09    | 0:05:12 | 3            |
| 5     | m   | 297  | Braeuer,   | Karsten      | Stern        | 72 | 16000         | 1:29:18    | 0:05:35 | 3            |
| 6     | m   | 284  | Stäcker,   | Frank        | PHILIPS      | 64 | 16000         | 1:33:30    | 0:05:51 | 3            |
| 7     | m   | 520  | Warneck,   | Marco        | NDR          | 78 | 7800          | 0:30:57    | 0:03:58 | 1            |
| 8     | m   | 418  | Wenrich,   | Alexander    | Generali     | 66 | 7800          | 0:35:46    | 0:04:35 | 1            |
| 9     | m   | 573  | Weitmann,  | Daniel       | Signal Iduna | 72 | 7800          | 0:40:54    | 0:05:15 | 1            |
| 10    | m   | 562  | Hoppe,     | Holger       | Rot Gelb     | 71 | 7800          | 0:42:47    | 0:05:29 | 1            |
| 11    | m   | 301  | Lohmann,   | Rolf-Michael | Stern        | 60 | 7800          | 0:44:43    | 0:05:44 | 1            |
| 12    | m   | 371  | Ehrenberg, | Frank        | Deut.Bank    | 59 | 7800          | 0:47:23    | 0:06:04 | 1            |
| 13    | m   | 278  | Matzke,    | Herwig       | PHILIPS      | 72 | 5300          | 0:22:48    | 0:04:18 | 1            |
| 14    | m   | 368  | Steinfeld, | Marco        | Dataport     | 75 | 5300          | 0:26:32    | 0:05:00 | 1            |
| 15    | m   | 513  | Konrad,    | Thomas       | NDR          | 67 | 5300          | 0:26:46    | 0:05:03 | 1            |
| 16    | w   | 535  | Matzke,    | Svenja       | PHILIPS      | 78 | 5300          | 0:28:21    | 0:05:21 | 1            |
| 17    | m   | 580  | Benz,      | Markus       | TK           | 69 | 5300          | 0:29:49    | 0:05:38 | 1            |
| 18    | m   | 499  | Liese,     | Hans-Ulrich  | Lufthansa    | 56 | 5300          | 0:34:00    | 0:06:25 | 1            |
| 19    | m   | 516  | Schröder,  | Birger       | NDR          | 63 | 2900          | 0:15:14    | 0:05:15 | 1            |

| Platz | m/w | StNr | Name       | Vorname     | BSG          | Jg | Strecke | Zeit    | Schnitt | Starts |
|-------|-----|------|------------|-------------|--------------|----|---------|---------|---------|--------|
| 1     | m   | 21   | Krastev,   | Ulli        | BACARDI      | 69 | 18800   | 1:17:31 | 0:04:07 | 3      |
| 2     | m   | 300  | Lambracht, | Gerald      | Stern        | 70 | 18800   | 1:20:00 | 0:04:15 | 3      |
| 3     | m   | 297  | Braeuer,   | Karsten     | Stern        | 72 | 18800   | 1:43:20 | 0:05:30 | 3      |
| 4     | m   | 626  | Kramer,    | Philipp     | ELBE-Sport   | 67 | 18800   | 1:44:59 | 0:05:35 | 3      |
| 5     | m   | 284  | Stäcker,   | Frank       | PHILIPS      | 64 | 18800   | 1:45:37 | 0:05:37 | 3      |
| 6     | w   | 353  | Büsen,     | Melanie     | Beiersdorf   | 81 | 18800   | 1:51:25 | 0:05:56 | 3      |
| 7     | w   | 478  | Kersten,   | Ines        | Laufwerk     | 62 | 15600   | 1:42:11 | 0:06:33 | 2      |
| 8     | m   | 644  | Meyer,     | Mario       | HW           | 63 | 9500    | 0:47:51 | 0:05:02 | 2      |
| 9     | w   | 315  | Goebel,    | Petra       | Siemens      | 69 | 9500    | 0:48:31 | 0:05:06 | 2      |
| 10    | m   | 622  | Heller,    | Hauke       | CW-IT.de     | 89 | 9300    | 0:35:30 | 0:03:49 | 1      |
| 11    | m   | 691  | Aster,     | Malte       | Runn Green   | 98 | 9300    | 0:39:07 | 0:04:12 | 1      |
| 12    | w   | 621  | Heller,    | Ariane      | CW-IT.de     | 91 | 9300    | 0:44:06 | 0:04:45 | 1      |
| 13    | m   | 705  | Polster,   | Malte       | TÜV-Nord     | 76 | 9300    | 0:44:44 | 0:04:49 | 1      |
| 14    | m   | 502  | Willsch,   | Pascal      | Lufthansa    | 78 | 9300    | 0:46:10 | 0:04:58 | 1      |
| 15    | m   | 573  | Weitmann,  | Daniel      | Signal Iduna | 72 | 9300    | 0:47:23 | 0:05:06 | 1      |
| 16    | m   | 562  | Hoppe,     | Holger      | Rot Gelb     | 71 | 9300    | 0:49:49 | 0:05:21 | 1      |
| 17    | m   | 371  | Ehrenberg, | Frank       | Deut.Bank    | 59 | 9300    | 0:56:05 | 0:06:02 | 1      |
| 18    | m   | 623  | Herrmann,  | Michael     | Deut.Bank    | 61 | 9300    | 0:57:25 | 0:06:10 | 1      |
| 19    | m   | 278  | Matzke,    | Herwig      | PHILIPS      | 72 | 6300    | 0:26:01 | 0:04:08 | 1      |
| 20    | m   | 368  | Steinfeld, | Marco       | Dataport     | 75 | 6300    | 0:30:39 | 0:04:52 | 1      |
| 21    | m   | 513  | Konrad,    | Thomas      | NDR          | 67 | 6300    | 0:31:23 | 0:04:59 | 1      |
| 22    | w   | 535  | Matzke,    | Svenja      | PHILIPS      | 78 | 6300    | 0:32:37 | 0:05:11 | 1      |
| 23    | m   | 580  | Benz,      | Markus      | TK           | 69 | 6300    | 0:33:09 | 0:05:16 | 1      |
| 24    | m   | 499  | Liese,     | Hans-Ulrich | Lufthansa    | 56 | 6300    | 0:40:10 | 0:06:23 | 1      |

| Platz | m/w | StNr | Name        | Vorname     | BSG          | Jg | Strecke | Zeit    | Schnitt | Starts |
|-------|-----|------|-------------|-------------|--------------|----|---------|---------|---------|--------|
| 1     | m   | 300  | Lambracht,  | Gerald      | Stern        | 70 | 20100   | 1:25:30 | 0:04:15 | 3      |
| 2     | m   | 21   | Krastev,    | Ulli        | BACARDI      | 69 | 20100   | 1:25:50 | 0:04:16 | 3      |
| 3     | w   | 315  | Goebel,     | Petra       | Siemens      | 69 | 20100   | 1:41:34 | 0:05:03 | 3      |
| 4     | m   | 297  | Braeuer,    | Karsten     | Stern        | 72 | 20100   | 1:47:51 | 0:05:22 | 3      |
| 5     | w   | 353  | Büsen,      | Melanie     | Beiersdorf   | 81 | 20100   | 1:55:00 | 0:05:43 | 3      |
| 6     | m   | 284  | Stäcker,    | Frank       | PHILIPS      | 64 | 20100   | 1:56:40 | 0:05:48 | 3      |
| 7     | m   | 53   | Meier,      | Ralf        | ELBE-Sport   | 69 | 16300   | 1:12:37 | 0:04:27 | 2      |
| 8     | m   | 746  | Kollenkarn, | Thies-Uwe   | HW           | 55 | 10500   | 0:58:04 | 0:05:32 | 2      |
| 9     | w   | 478  | Kersten,    | Ines        | Laufwerk     | 62 | 10500   | 1:06:45 | 0:06:21 | 2      |
| 10    | m   | 622  | Heller,     | Hauke       | CW-IT.de     | 89 | 9600    | 0:35:22 | 0:03:41 | 1      |
| 11    | m   | 691  | Aster,      | Malte       | Runn Green   | 98 | 9600    | 0:37:41 | 0:03:56 | 1      |
| 12    | m   | 750  | Handwerger, | Jürgen      | Laufladen    | 86 | 9600    | 0:40:45 | 0:04:15 | 1      |
| 13    | m   | 418  | Wenrich,    | Alexander   | Generali     | 66 | 9600    | 0:43:10 | 0:04:30 | 1      |
| 14    | w   | 763  | Giesen,     | Britta      | Laufwerk     | 71 | 9600    | 0:43:32 | 0:04:32 | 1      |
| 15    | m   | 502  | Willsch,    | Pascal      | Lufthansa    | 78 | 9600    | 0:45:31 | 0:04:44 | 1      |
| 16    | w   | 621  | Heller,     | Ariane      | CW-IT.de     | 91 | 9600    | 0:45:44 | 0:04:46 | 1      |
| 17    | m   | 573  | Weitmann,   | Daniel      | Signal Iduna | 72 | 9600    | 0:47:35 | 0:04:57 | 1      |
| 18    | m   | 562  | Hoppe,      | Holger      | Rot Gelb     | 71 | 9600    | 0:49:34 | 0:05:10 | 1      |
| 19    | m   | 623  | Herrmann,   | Michael     | Deut.Bank    | 61 | 9600    | 0:57:01 | 0:05:56 | 1      |
| 20    | m   | 705  | Polster,    | Malte       | TÜV-Nord     | 76 | 6700    | 0:30:19 | 0:04:31 | 1      |
| 21    | m   | 368  | Steinfeld,  | Marco       | Dataport     | 75 | 6700    | 0:32:47 | 0:04:54 | 1      |
| 22    | m   | 513  | Konrad,     | Thomas      | NDR          | 67 | 6700    | 0:33:18 | 0:04:58 | 1      |
| 23    | m   | 580  | Benz,       | Markus      | TK           | 69 | 6700    | 0:33:41 | 0:05:02 | 1      |
| 24    | m   | 499  | Liese,      | Hans-Ulrich | Lufthansa    | 56 | 6700    | 0:41:58 | 0:06:16 | 1      |
| 25    | w   | 732  | Meier,      | Tanja       | ELBE-Sport   | 70 | 6700    | 0:43:03 | 0:06:26 | 1      |
| 26    | w   | 740  | Sievers,    | Susanne     | ERGOsports   | 67 | 3800    | 0:21:02 | 0:05:32 | 1      |
| 27    | m   | 733  | Sluzalek,   | Ralf        | ELBE-Sport   | 63 | 3800    | 0:23:32 | 0:06:12 | 1      |

| Platz | m/w | StNr | Name       | Vorname     | BSG          | Jg | Gesamtstrecke | Gesamtzeit | Schnitt | Gesamtstarts |
|-------|-----|------|------------|-------------|--------------|----|---------------|------------|---------|--------------|
| 1     | m   | 300  | Lambracht, | Gerald      | Stern        | 70 | 21510         | 1:32:03    | 0:04:17 | 3            |
| 2     | m   | 805  | Dörheit,   | Christian   | NDR          | 79 | 21510         | 1:32:27    | 0:04:18 | 3            |
| 3     | m   | 21   | Krastev,   | Ulli        | BACARDI      | 69 | 21510         | 1:35:04    | 0:04:25 | 3            |
| 4     | m   | 453  | Schubert,  | Ralph       | HapagLloyd   | 73 | 21510         | 2:00:09    | 0:05:35 | 3            |
| 5     | m   | 297  | Braeuer,   | Karsten     | Stern        | 72 | 21510         | 2:07:00    | 0:05:54 | 3            |
| 6     | w   | 315  | Goebel,    | Petra       | Siemens      | 69 | 21510         | 2:07:30    | 0:05:56 | 3            |
| 7     | w   | 353  | Büsen,     | Melanie     | Beiersdorf   | 81 | 21510         | 2:18:27    | 0:06:26 | 3            |
| 8     | m   | 626  | Kramer,    | Philipp     | ELBE-Sport   | 67 | 14340         | 1:19:28    | 0:05:32 | 2            |
| 9     | m   | 644  | Meyer,     | Mario       | HW           | 63 | 10810         | 0:58:44    | 0:05:26 | 2            |
| 10    | w   | 478  | Kersten,   | Ines        | Laufwerk     | 62 | 10810         | 1:13:57    | 0:06:50 | 2            |
| 11    | m   | 520  | Warneck,   | Marco       | NDR          | 78 | 10700         | 0:44:41    | 0:04:11 | 1            |
| 12    | m   | 502  | Willsch,   | Pascal      | Lufthansa    | 78 | 10700         | 0:52:15    | 0:04:53 | 1            |
| 13    | m   | 562  | Hoppe,     | Holger      | Rot Gelb     | 71 | 10700         | 0:55:01    | 0:05:09 | 1            |
| 14    | m   | 573  | Weitmann,  | Daniel      | Signal Iduna | 72 | 10700         | 0:56:58    | 0:05:19 | 1            |
| 15    | w   | 822  | Baumann,   | Vera        | HW           | 87 | 10700         | 1:04:10    | 0:06:00 | 1            |
| 16    | m   | 623  | Herrmann,  | Michael     | Deut.Bank    | 61 | 10700         | 1:06:46    | 0:06:14 | 1            |
| 17    | m   | 371  | Ehrenberg, | Frank       | Deut.Bank    | 59 | 10700         | 1:08:36    | 0:06:25 | 1            |
| 18    | m   | 278  | Matzke,    | Herwig      | PHILIPS      | 72 | 7170          | 0:31:49    | 0:04:26 | 1            |
| 19    | m   | 253  | Sprenger,  | Mathias     | K&M Sport    | 78 | 7170          | 0:31:56    | 0:04:27 | 1            |
| 20    | m   | 368  | Steinfeld, | Marco       | Dataport     | 75 | 7170          | 0:36:07    | 0:05:02 | 1            |
| 21    | m   | 580  | Benz,      | Markus      | TK           | 69 | 7170          | 0:38:00    | 0:05:18 | 1            |
| 22    | m   | 513  | Konrad,    | Thomas      | NDR          | 67 | 7170          | 0:38:18    | 0:05:21 | 1            |
| 23    | m   | 499  | Liese,     | Hans-Ulrich | Lufthansa    | 56 | 7170          | 0:46:58    | 0:06:33 | 1            |
| 24    | m   | 53   | Meier,     | Ralf        | ELBE-Sport   | 69 | 3640          | 0:15:59    | 0:04:23 | 1            |
| 25    | w   | 740  | Sievers,   | Susanne     | ERGOsports   | 67 | 3640          | 0:20:57    | 0:05:45 | 1            |
| 26    | w   | 732  | Meier,     | Tanja       | ELBE-Sport   | 70 | 3640          | 0:23:33    | 0:06:28 | 1            |

| Platz | m/w | StNr | Name         | Vorname   | BSG          | Jg | Strecke | Zeit     | Schnitt  | Starts |
|-------|-----|------|--------------|-----------|--------------|----|---------|----------|----------|--------|
| 1     | m   | 805  | Dörheit,     | Christian | NDR          | 79 | 19170   | 01:17:23 | 00:04:02 | 3      |
| 2     | m   | 300  | Lambracht,   | Gerald    | Stern        | 70 | 19170   | 01:19:47 | 00:04:10 | 3      |
| 3     | m   | 453  | Schubert,    | Ralph     | HapagLloyd   | 73 | 19170   | 01:42:29 | 00:05:21 | 3      |
| 4     | w   | 315  | Goebel,      | Petra     | Siemens      | 69 | 19170   | 01:44:46 | 00:05:28 | 3      |
| 5     | w   | 353  | Büsen,       | Melanie   | Beiersdorf   | 81 | 19170   | 01:56:03 | 00:06:03 | 3      |
| 6     | w   | 478  | Kersten,     | Ines      | Laufwerk     | 62 | 19170   | 02:01:39 | 00:06:21 | 3      |
| 7     | m   | 644  | Meyer,       | Mario     | HW           | 63 | 15910   | 01:22:47 | 00:05:12 | 2      |
| 8     | m   | 691  | Aster,       | Malte     | Runn Green   | 98 | 9520    | 00:37:49 | 00:03:58 | 1      |
| 9     | m   | 520  | Warneck,     | Marco     | NDR          | 78 | 9520    | 00:37:50 | 00:03:58 | 1      |
| 10    | m   | 418  | Wenrich,     | Alexander | Generali     | 66 | 9520    | 00:42:36 | 00:04:28 | 1      |
| 11    | m   | 573  | Weitmann,    | Daniel    | Signal Iduna | 72 | 9520    | 00:47:57 | 00:05:02 | 1      |
| 12    | m   | 562  | Hoppe,       | Holger    | Rot Gelb     | 71 | 9520    | 00:48:12 | 00:05:04 | 1      |
| 13    | w   | 621  | Heller,      | Ariane    | CW-IT.de     | 91 | 9520    | 00:48:19 | 00:05:05 | 1      |
| 14    | m   | 835  | Hillebrecht, | Frank     | Signal Iduna | 70 | 9520    | 00:49:58 | 00:05:15 | 1      |
| 15    | w   | 822  | Baumann,     | Vera      | HW           | 87 | 9520    | 00:50:48 | 00:05:20 | 1      |
| 16    | m   | 623  | Herrmann,    | Michael   | Deut.Bank    | 61 | 9520    | 00:54:50 | 00:05:46 | 1      |
| 17    | m   | 53   | Meier,       | Ralf      | ELBE-Sport   | 69 | 6390    | 00:27:44 | 00:04:20 | 1      |
| 18    | m   | 368  | Steinfeld,   | Marco     | Dataport     | 75 | 6390    | 00:31:19 | 00:04:54 | 1      |
| 19    | m   | 626  | Kramer,      | Philipp   | ELBE-Sport   | 67 | 6390    | 00:33:04 | 00:05:10 | 1      |
| 20    | m   | 580  | Benz,        | Markus    | TK           | 69 | 6390    | 00:34:12 | 00:05:21 | 1      |
| 21    | m   | 705  | Polster,     | Malte     | TÜV-Nord     | 76 | 6390    | 00:36:09 | 00:05:39 | 1      |
| 22    | m   | 513  | Konrad,      | Thomas    | NDR          | 67 | 6390    | 00:36:20 | 00:05:41 | 1      |
| 23    | m   | 371  | Ehrenberg,   | Frank     | Deut.Bank    | 59 | 6390    | 00:37:08 | 00:05:49 | 1      |
| 24    | w   | 841  | Rattunde,    | Julia     | Knossos.de   | 82 | 6390    | 00:40:01 | 00:06:16 | 1      |
| 25    | w   | 732  | Meier,       | Tanja     | ELBE-Sport   | 70 | 6390    | 00:41:07 | 00:06:26 | 1      |
| 26    | w   | 740  | Sievers,     | Susanne   | ERGOsports   | 67 | 3260    | 00:18:34 | 00:05:42 | 1      |

| Platz | m/w | StNr | Name       | Vorname   | BSG          | Jg | Strecke | Zeit    | Schnitt | Starts |
|-------|-----|------|------------|-----------|--------------|----|---------|---------|---------|--------|
| 1     | m   | 805  | Dörheit,   | Christian | NDR          | 79 | 21300   | 1:30:07 | 0:04:14 | 3      |
| 2     | m   | 300  | Lambracht, | Gerald    | Stern        | 70 | 21300   | 1:36:09 | 0:04:31 | 3      |
| 3     | m   | 21   | Krastev,   | Ulli      | BACARDI      | 69 | 21300   | 1:40:23 | 0:04:43 | 3      |
| 4     | m   | 453  | Schubert,  | Ralph     | HapagLloyd   | 73 | 21300   | 2:03:50 | 0:05:49 | 3      |
| 5     | w   | 353  | Büsen,     | Melanie   | Beiersdorf   | 81 | 21300   | 2:15:59 | 0:06:23 | 3      |
| 6     | m   | 626  | Kramer,    | Philipp   | ELBE-Sport   | 67 | 17700   | 1:50:57 | 0:06:16 | 2      |
| 7     | m   | 520  | Warneck,   | Marco     | NDR          | 78 | 10600   | 0:47:13 | 0:04:27 | 1      |
| 8     | m   | 418  | Wenrich,   | Alexander | Generali     | 66 | 10600   | 0:51:51 | 0:04:53 | 1      |
| 9     | m   | 644  | Meyer,     | Mario     | HW           | 63 | 10600   | 0:57:04 | 0:05:23 | 1      |
| 10    | m   | 562  | Hoppe,     | Holger    | Rot Gelb     | 71 | 10600   | 0:59:05 | 0:05:34 | 1      |
| 11    | m   | 573  | Weitmann,  | Daniel    | Signal Iduna | 72 | 10600   | 1:02:15 | 0:05:52 | 1      |
| 12    | w   | 822  | Baumann,   | Vera      | HW           | 87 | 10600   | 1:03:00 | 0:05:57 | 1      |
| 13    | m   | 855  | Langfeld,  | Peter     | Siemens      | 72 | 7100    | 0:28:51 | 0:04:04 | 1      |
| 14    | m   | 53   | Meier,     | Ralf      | ELBE-Sport   | 69 | 7100    | 0:33:22 | 0:04:42 | 1      |
| 15    | m   | 580  | Benz,      | Markus    | TK           | 69 | 7100    | 0:40:40 | 0:05:44 | 1      |
| 16    | w   | 732  | Meier,     | Tanja     | ELBE-Sport   | 70 | 7100    | 0:50:23 | 0:07:06 | 1      |
| 17    | w   | 740  | Sievers,   | Susanne   | ERGOsports   | 67 | 3600    | 0:21:36 | 0:06:00 | 1      |